



From Grandmother's  
Teachings

Simple and Genuine  
Italian Food

- 2009 -

[www.FabiosItalianKitchen.com](http://www.FabiosItalianKitchen.com)

607-753-6969

*Fabio's Italian Restaurant  
179 Homer Ave.  
Cortland, NY 13045*

*The Kitchen is Open  
Tuesday - Sunday  
4:00pm to 9:00pm*

*Major Holidays & Graduation  
Noon to 9:00pm*

*Eat in or take out  
Mastercard and Visa accepted  
Gift certificates available*

*Ask about our catering*

# Appetizers

\* *Classic Italian* delicious combination of imported prosciutto, capicola, salami, bresaola and fresh mozzarella with portobello and asparagus salad -- \$11.50

## *Caprese*

fresh mozzarella and tomato with extra virgin olive oil and Italian seasonings -- \$5.50

*Calamari* classically prepared or sautéed in marinara sauce -- \$5.50

*Steamed Clams* 1/2 dozen little neck clams, steamed in garlic wine sauce served with drawn butter -- \$5.50

\* *Fabio's Appetizer* chicken fingers, cheese sticks, onion rings, breaded mushrooms served with marinara sauce -- \$9.75

\* *Stuffed Portobello Mushroom* two large portobello stuffed with fresh mozzarella, basil and fresh diced tomatoes -- \$5.50

*Chicken Wings* 1/2 dozen jumbo chicken wings (mild, hot or "devil" hot) -- \$4.50

*Chicken Tenders* with fries and side of BBQ sauce -- \$7.50

*Breaded Mushrooms* with a side of marinara sauce -- \$5.50

*Mozzarella Sticks* -- \$6.50

*Bruschetta* -- \$8.50

*Garlic Bread with Cheese* -- \$7.50

*Pepata di Cozze* wild black mussels sautéed in garlic wine or marinara sauce -- \$5.50

\* *White Garlic Pizza* fresh garlic, tomato, ricotta and mozzarella -- \$9.00

\* *Cordon Bleu Pizza* ham, marinated chicken, Swiss cheese and ranch dressing -- \$9.00

\* *Vegetarian Pizza* mixed vegetables on white garlic pizza -- \$9.00

**\* Generous enough to share**

# Salads

*Fabio's House Salad* combination of lettuce, marinated asparagus, baby spinach, fresh mushrooms, onions, fresh tomato and a zest of garlic, topped with grilled shrimp and portobello mushrooms -- \$11.50

*Smoked Salmon & Grilled Scallops Salad* baby spinach, fresh mushrooms, lettuce, fresh tomato and onion sprinkled with imported parmigiano cheese topped with smoked salmon and grilled scallops -- \$11.50

*Grilled Tuna or Beef Steak Salad* generous mixed green salad topped with your choice of tuna or beef steak -- \$11.50

*Caesar Salad* (add chicken \$2.00) -- \$7.50

*Marinated Chicken Salad* rich tossed salad topped with strips of marinated, grilled chicken breast -- \$9.50

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*To Guarantee best quality and taste, our food is made with the freshest ingredients available, delivered daily. As in a traditional Italian kitchen our dishes are prepared to order and can be custom made to your taste. Therefore, occasionally we may be out of some ingredients or at times your order may take a little longer. We promise your patience will be rewarded.*

*Grazie & Buon Appetito!*

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## Entrées

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- Chicken Siciliana* grilled, marinated chicken breast topped with fresh tomato and basil sauce -- \$18.50
- Chicken Marsala* pan-seared fresh chicken breast in a delicious marsala and mushroom sauce -- \$23.00
- Chicken Cacciatora* fresh chicken breast sautéed with roasted red peppers, onions, mushrooms, capers and black olives in our homemade marinara sauce, topped with melted mozzarella cheese -- \$23.00
- Maiale Piccante* pan seared pork medallions in a spicy garlic and tomato sauce, finished with crumbled gorgonzola cheese -- \$19.50
- Veal Piccata* fresh top round, gently floured and seared, in a delicious wine sauce with capers and mushrooms -- \$24.50
- Bistecca alla Fiorentina* fresh steak cut of the day grilled to your preference served over fresh arugula finished with imported parmigiano shavings -- Market Price
- Veal Marsala with Portobello Mushroom* pan-seared fresh top round in a delicious marsala and grilled portobello mushroom sauce -- \$24.50
- Veal Parmigiana* -- \$17.50
- Chicken Parmigiana* -- \$17.75
- Eggplant Parmigiana* -- \$17.50
- Eggplant Rolatini* eggplant stuffed with gorgonzola, ricotta, parmigiano and mozzarella cheeses -- \$18.50

## Seafood

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- Breaded or Broiled Fish of the Day* breaded and fried or broiled and finished with a creamy scampi sauce -- Market Price
- Sautéed Seafood Platter* sautéed scallops, fresh fish of the day, shrimp, mussels, calamari and fresh clams in marinara sauce -- \$27.00
- Italian Style Grilled Tuna Steak* gently marinated and grilled fresh tuna steak finished with imported extra virgin olive oil, red wine vinegar, fresh garlic and Italian seasonings -- \$23.00

**All dinners are served with salad, bread and your choice of fries, sautéed vegetables or pasta in marinara, garlic & oil, alfredo or meat sauce.  
(Brandy, marsala, pesto, mushroom or fresh tomato basil sauce, add \$1.50)**

# Pasta



*Spaghetti & Meatballs or Sausage -- \$12.50*

*Pasta alla Bolognese your choice of pasta topped with a hearty meat sauce made with beef, pork and veal -- \$13.50*

*Linguini Marinara -- \$11.50*

*Angel Hair & Garlic Oil -- \$11.50*

*Linguini Pesto linguini pasta tossed with our homemade basil sauce -- \$15.50*

*Spaghetti Siciliana fresh tomato, garlic, basil and extra virgin olive oil -- \$15.50*

*Fettuccine Alfredo -- \$15.00*

*Penne Vodka -- \$15.00*

*Four Cheeses Gnocchi Italian potato dumpling tossed with four cheeses (Mozzarella, Gorgonzola, Pecorino and Asiago) and baked in marinara sauce -- \$18.50*

*Spaghetti & Fresh Clams in garlic wine sauce -- \$22.50*

*Seafood Alfredo*

*with fresh crab meat, scallops and shrimp over your choice of pasta -- \$23.00*

*Shrimp Alfredo over your choice of pasta -- \$22.50*

*Calamari Marinara over Linguini -- \$22.50*

*Penne alla Carbonara penne pasta quickly sautéed with cream, egg, pecorino cheese and prosciutto -- \$18.50*

*Cacio & Arugula your choice of pasta tossed in a gently peppered garlic oil sauce with fresh arugula, radicchio and imported parmigiano -- \$18.50*

*Spaghetti alle Cozze sautéed wild black mussels in marinara over spaghetti -- \$22.50*

*Shrimp Fra' Diavolo*

*sautéed shrimp in a spicy marinara sauce over your choice of pasta -- \$22.50*

*Linguini Shrimp Scampi in a creamy garlic lemon wine sauce -- \$22.50*

*Fettuccine Alfredo Broccoli & Chicken -- \$18.50*

*Homemade Manicotti*

*prepared in marinara sauce served with sausage or meatball -- \$17.50*

*Tortellini Alfredo & Ham -- \$16.50*

*Baked Ziti prepared with meat sauce -- \$14.50*

*Baked Cheese Tortellini prepared with meat sauce -- \$15.50*

*Homemade Four Cheeses Ravioli*

*prepared in meat sauce served with sausage or meatball -- \$16.50*

*Meat Lasagna -- \$16.50*

**All pasta dishes are served with salad and bread.**

# Sandwiches

*Open Face Grilled Portobello Sandwich* with marinated grilled portobello, roasted peppers, grilled onions, topped with mozzarella -- \$9.50

*Open Face Fish Sandwich* house breaded fish fillet with onion, tomato, cheese and tartar sauce -- \$9.50

*Open Face Marinated Chicken Sandwich* tasty marinated grilled chicken breast with sautéed onion and tomato, lettuce, mayonnaise and American cheese -- \$9.50

*Open Face Fabio's Sandwich* chicken cutlet topped with ham, grilled portobello, Swiss cheese and ranch dressing -- \$9.50

*Open Face Philly Cheese Steak* with onion, peppers and mushrooms, smothered with American cheese -- \$9.50

*Open Face Philly Chicken Cheese* thinly shaved chicken breast with peppers, onion and mushrooms, smothered with American cheese -- \$9.50

*Open Face Meatball Sandwich* -- \$9.50

*Open Face Sausage Sandwich* with roasted peppers & onions -- \$9.50

*Open Face Eggplant Parmigiana Sandwich* prepared with marinara or meat sauce -- \$9.50

*Open Face Chicken Parmigiana Sandwich* -- \$9.50

## Sides

*Sautéed Vegetables* -- \$6.00

*Onion Rings* -- \$4.50

*Pasta* marinara, garlic & oil, meat or alfredo sauce -- \$6.00

*Fries* -- \$4.00

*Tossed Salad* -- \$6.00

## Beverages

*Soda or Bottled Water* -- \$2.00

*Coffee or Tea* -- \$1.75

*Whole or Chocolate Milk* -- \$2.50

*Fresh Squeezed Juice* -- \$4.00

*Snapple* ask about our selection -- \$2.75

## Desserts

*Ask about our selection* -- \$7.50

## Daily Specials

*Wednesday - Baked Ziti* -- \$13.50

*Thursday - Eggplant Parmigiana* -- \$16.50

*Friday - Linguini Shrimp Scampi* -- \$21.00

*Saturday - Meat Lasagna* -- \$15.50

*Sunday - Steak of the Day* -- Less 10%

# ♥ Fabio's Heart Healthy Menu

*All of Fabio's dishes are made with the finest ingredients and the freshest produce available. These "heart healthy" menu items are selected because they are exclusively prepared using the finest quality extra virgin olive oil. They naturally contain the lowest levels of saturated fat and supply a lean source of protein.*

## Appetizers

- Calamari*  
sautéed in marinara sauce -- \$5.50
- Steamed Clams* 1/2 dozen little neck clams,  
steamed in garlic wine sauce -- \$5.50
- Tomato and Basil Bruschetta* generous  
enough to share-- \$8.50
- Garden Pizza* mixed vegetables on white  
garlic pizza -- \$9.00

## Pasta

- Linguini Marinara* -- \$11.50
- Angel Hair & Garlic Oil* -- \$11.50
- Linguini Pesto* -- \$15.50
- Spaghetti Siciliana* fresh tomato, garlic,  
basil and extra virgin olive oil -- \$15.50
- Spaghetti & Fresh Clams*  
in garlic wine sauce -- \$22.50
- Calamari Marinara over Linguini*  
-- \$22.50
- Cacio & Arugula* your choice of pasta  
tossed in a gently peppered garlic oil  
sauce with fresh arugula, radicchio and  
imported parmigiano -- \$18.50
- Spaghetti alle Cozze*  
sautéed wild black mussels in marinara  
over spaghetti -- \$22.50
- Shrimp Fra' Diavolo* sautéed shrimp in a  
spicy marinara sauce over your choice of  
pasta -- \$22.50

## Entrées

- Chicken Siciliana* grilled, marinated  
chicken breast topped with fresh  
tomato and basil sauce -- \$18.50
- Sautéed Seafood Platter* sautéed  
scallops, fresh fish of the day, shrimp,  
mussels, calamari and fresh clams in  
marinara sauce -- \$27.00
- Italian Style Grilled Tuna Steak* gently  
marinated and grilled fresh tuna steak  
finished with imported extra virgin  
olive oil, red wine vinegar, fresh garlic  
and Italian seasonings -- \$23.00

## Sides

- Sautéed Seasonal Vegetables* -- \$6.00
- Tossed Salad* iceberg and romaine  
lettuce, radicchio, cucumber, tomato,  
onions, alfalfa sprouts, artichoke  
hearts provolone cheese, black olives,  
croutons -- \$6.00

## Sandwiches

- Open Face Grilled Portobello Sandwich*  
with marinated grilled portobello,  
roasted peppers, grilled onions -- \$9.50

*Fabio's also honors requests for whole grain pasta & breads, reduced calorie/low fat dressing, and low fat milk. Many of the regular menu items can be prepared with extra virgin olive oil instead of butter. Please ask your server.*

*Gluten free meals are available upon request.*